

**Cumberland United Soccer Club**

**Summer Programs**

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| **Youth League** | | |
| Age | Development League  (Recreational) | Cobra League  (Competitive) |
| **Micro** | | |
| U5 (born in 2008) | **√** |  |
| U6 (born in 2007) | **√** |  |
| U7 (born in 2006) | **√** |  |
| **Mini** | | |
| U8 (born in 2005) | **√** | **√** |
| U9 (born in 2004) | **√** | **√** |
| **Novice** | | |
| U10 (born in 2003) | **√** | **√** |
| U11 (born in 2002) | **√** | **√** |
| **Senior** | | |
| U13 (born in 2000 & 2001) | Combined ages | Individual teams per birth year |
| U15 (born in 1998 & 1999) | Combined ages | Individual teams per birth year |
| U18 (born in 1995-1997) | Combined ages | Individual teams per birth year |

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| **Adult League** | |
| Development League  (Recreational) | Cobra League  (Competitive) |
| Games played against other CUSC teams locally in Orleans. | Games played against other Ottawa clubs in the Ottawa-Carleton Soccer League (OCSL). |

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| **Clinics** | | |
| Micro (U5-U7) | Development League  Goal Keeper (U12-U18) | Competitive Professional Keeper (U8-U21) |
| Run by club coaches and senior youth players. | Sessions designed by professional keeper, Tania Singfield. | Sessions delivered by professional keeper, Tania Singfield. |
| Micro U4 | Soccer-related drills & movement-based games | |

**Register** now at [www.cumberlandsoccer.com](http://www.cumberlandsoccer.com)

**Our Vision**

Developing skills in players...Building quality in community...Achieving excellence in soccer

**Our Mandate**

To lead the region with the development and maintenance of comprehensive soccer programs provided to all ages and levels of players.

**Our Values**

Respect, Integrity, Teamwork, Excellence

**Referee Request**

CUSC is always looking for referees. If you, or your child, are over the age of 12 and would like some part-time work as a soccer referee, please visit the referee tab of the website. Questions and applications can be submitted to: [headreferee@cumberlandsoccer.com](mailto:headreferee@cumberlandsoccer.com)

Year Round Soccer with

Cumberland United Soccer Club for all ages and skills

**Winter Academy Program**

In 2012/2013, CUSC formally introduced a Winter Academy Program. It was very well attended and Club Staff Coaches are looking forward to improving and streamlining the program for the 2013/2014 season.

Stay tuned in August 2013 for more information.

**CUSC Clubhouse**

1550 Verchere Street,

Orleans, ON

K1C 7C7

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[www.cumberlandsoccer.com](http://www.cumberlandsoccer.com)